



**11-12-13-14 JUNE 2026**

Definitions – Rules – Categories – Judging Criteria

---

[www.latindanceleague.com](http://www.latindanceleague.com)

	PAGE
<b>FORMAT OF COMPETITION:</b>	
◦ <b>SHOWCASE</b>	2
◦ <b>ALL IN</b>	9
<b>LEAGUES (CATEGORIES)</b>	12
<b>DIVISION</b>	14
<b>AGE CATEGORIES</b>	16
<b>MUSIC</b>	17
<b>DRESSES</b>	18
<b>STAGE PROPS &amp; ACCESSORIES</b>	18
<b>TRICK / LIFT</b>	19
<b>JUDGING CRITERIA</b>	20
<b>LIST OF OUR CATEGORIES</b>	21



# SHOWCASE

**It is defined as a dance discipline in which the dancers (*solo, couple, duo, group*) dance their routine on their own music.**

**The use of stage props or accessories as stage props is forbidden.**

**SALSA SHOWCASE**

**SALSA CABARET SHOWCASE**

**SALSA CLASSIC SHOWCASE**

**SALSA CLASSIC ON 1 SHOWCASE**

**SALSA CLASSIC ON 2 SHOWCASE**

**BACHATA SHOWCASE**

**BACHATA CLASSIC SHOWCASE**

**BACHATA CABARET SHOWCASE**

**MERENGUE SHOWCASE**

**For the limits and restrictions read the definitions below**



# **SALSA SHOWCASE**

**In all Salsa categories and divisions in which there is no difference between cabaret and classic it is possible to insert tricks and lifts, but it is not an essential feature for the final judging criteria of the competitions.**

**It is possible to choose to dance On1 or On2, but you have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition is  
1-2-3, 5-6-7. 2-3-4, 6-7-8.**

# **SALSA CABARET SHOWCASE**

**Couples can choose to dance On1 or On2, but they have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition is  
1-2-3, 5-6-7. 2-3-4, 6-7-8.**

**Routines must have at least 50% of salsa partnerwork.**

**The remaining 50% can be side by side (shines), acrobatic movements, dips, tricks, lifts.**



## SALSA CLASSIC SHOWCASE

**Couples can choose to dance On1 or On2, but they have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition are**

**1-2-3, 5-6-7, 2-3-4, 6-7-8.**

**One foot or whatever part of the body must always be on the floor, even during the tricks.**

**If one of the two dancers doesn't keep at least on foot or another part of the body on the floor, it will be considered as a lift and there will be a 10% penalty on the final score.**

**A Maximum of 5 tricks is allowed for each coreography. Maximum 8 bars (32 beats-4 counts of 8) are allowed for multiple spins. If you go over these bars, there will be a 10% penalty on the final score.**



# **SALSA CLASSIC ON 1 SHOWCASE**

**The Performance must be danced always on1 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2-3, 5-6-7.**

**One foot or whatever part of the body must always be on the floor, even during the tricks. If one of the two dancers doesn't keep at least on foot or another part of the body on the floor, it will be considered as a lift and there will be a 10% penalty on the final score.**

**A Maximum of 5 tricks is allowed for each coreography. Maximum 8 bars (32 beats-4 counts of 8) are allowed for multiple spins. If you go over these bars, there will be a 10% penalty on the final score.**

**Important: multiple spins are not considered as tricks.**

# **SALSA CLASSIC ON 2 SHOWCASE**

**The Performance must be danced always on2 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2-3, 5-6-7. 2-3-4, 6-7-8**

**One foot or whatever part of the body must always be on the floor, even during the tricks. If one of the two dancers doesn't keep at least on foot or another part of the body on the floor, it will be considered as a lift and there will be a 10% penalty on the final score.**

**A Maximum of 5 tricks is allowed for each coreography. Maximum 8 bars (32 beats-4 counts of 8) are allowed for multiple spins. If you go over these bars, there will be a 10% penalty on the final score.**

**Important: multiple spins are not considered as tricks.**

# **BACHATA SHOWCASE**

**In all Bachata categories and divisions in which there is no difference between cabaret and classic it is possible to insert tricks and lifts, but it is not an essential feature for the final judging criteria of the competitions.**

**The accepted timing for this competition is  
1-2-3-4, 5-6-7-8.**

# **BACHATA CLASSIC SHOWCASE**

**The Performance must be danced always on1 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2-3-4**

**One foot or whatever part of the body must always be on the floor, even during the tricks. If one of the two dancers doesn't keep at least on foot or another part of the body on the floor, it will be considered as a lift and there will be a 10% penalty on the final score.**

**A Maximum of 5 tricks is allowed for each coreography. Maximum 8 bars (32 beats-4 counts of 8) are allowed for multiple spins. If you go over these bars, there will be a 10% penalty on the final score.**

**Important: multiple spins are not considered as tricks.**



## BACHATA CABARET SHOWCASE

**Couples must dance On1, but they have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition is 1-2-3-4**

**Routines must have at least 50% of bachata partnerwork**

**The remaining 50% can be side by side (shines), acrobatic movements, dips, tricks, lifts**



## MERENGUE SHOWCASE

**In all Merengue categories and divisions in which there is no difference between cabaret and classic it is possible to insert tricks and lifts, but it is not an essential feature for the final judging criteria of the competitions.**

**The accepted timing for this competition is  
1-2**



# **ALL IN**

**It is defined as a dance discipline in which the dancers (*solo, couple, duo*) dance their routine on dj music.**

**The competition will take place simultaneously in groups of 12 in all rounds, except in final rounds, in which only 6 couples, duos or solos have access, to compose the final.**

**There are no limits or restrictions in the number of configurations for all category “All In “**

**Tricks and lift are allowed for all age divisions.**

**For the couple division Routines must have at least 50% of salsa/bachata/merengue partnerwork.**

**The use of stage props or accessories as stage props is forbidden.**

**SALSA ALL IN**

**BACHATA ALL IN**

**MERENGUE ALL IN**

**TIMBA ALL IN (ONLY FOR COUPLE)**

**For the limits and restrictions read the definitions below**



## SALSA ALL IN

**It is possible to choose to dance On1 or On2, but you have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition is  
1-2-3, 5-6-7. 2-3-4, 6-7-8.**

## BACHATA ALL IN

**The Performance must be danced always on1 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2-3-4**

## MERENGUE ALL IN

**The Performance must be danced always on1 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2**



## SALSA ALL IN

**It is possible to choose to dance On1 or On2, but you have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition is  
1-2-3, 5-6-7. 2-3-4, 6-7-8.**

## BACHATA ALL IN

**The Performance must be danced always on1 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2-3-4**

## MERENGUE ALL IN

**The Performance must be danced always on1 and it should be kept for the whole routine.**

**Accepted timing for this competition is  
1-2**

## TIMBA ALL IN

**It is possible to choose to dance On1 or On2, but you have to keep the same timing for the whole duration of the routine.**

**The accepted timing for this competition is  
1-2-3, 5-6-7. 2-3-4, 6-7-8.**

# AMATEUR BEGINNER

## (E-D LEAGUE)

This league represents an 'entry level' and is designed for amateurs competitors with a beginner level

Once a dancer competes in the E-D LEAGUE they cannot compete in other LEAGUES

*They can also compete in Open or Pro-Am LEAGUES*

# AMATEUR INTERMEDIATE

## (C-B LEAGUE)

This league represents a 'medium level' and is designed for amateurs competitors with an Intermediate level

Once a dancer competes in the C-B LEAGUE they cannot compete in other LEAGUES

*They can also compete in Open or Pro-Am LEAGUES*

# AMATEUR ADVANCED

## (A LEAGUE & AS LEAGUE )

This League is designed for amateurs competitors with an advanced level.

Once a dancer competes in the A LEAGUES they cannot compete in other LEAGUES

*They can compete in Open or Pro-Am LEAGUES*



# OPEN LEAGUE

This division is open to any competitor, whether they are D-C-B-A or Professional. Amateurs will not lose Amateur status if they choose to compete in the Open Divisions.

# PROFESSIONAL LEAGUE (AS LEAGUE & PRO LEAGUE)

This league is designed for all the professional dancer and competitors with an important national/international experience.

Once a dancer competes as a Professional, they cannot longer compete in others leagues.

A professional can be a dance teacher or someone who earns their living by dancing but also a dancer who has taken part in international competitions or congresses, an artist/performer involved in congresses or shows.

# PRO-AM LEAGUE

A professional dancer dancing with a dancer of amateur leagues.



# **SOLO**

**Solo Male: one Male Dancer**  
**Solo Ladies: one Female Dancer**

# **DUO**

**Duo Male : Two Male Dancer**  
**Duo Female : Two Female Dancer**

# **COUPLE**

**One Male and One Female Dancer**

# **COUPLE SAME GENDER**

**ONLY FOR SHOWCASE**

**Male/ Male - Female/Female**



# TEAM

**ONLY FOR SHOWCASE**  
Group composed from 3 dancers upwards.

In these categories, participants can choose whether to focus choreographies primarily on footwork or partnerwork.

# TEAM COUPLE

**ONLY FOR SHOWCASE**  
Group composed from 3 dancers upwards

In this category, groups must present a choreography primarily based on partnerwork.

# TEAM SHINE

**ONLY FOR SHOWCASE**  
Group composed of 3 or more dancers.

In this category, groups must present a choreography primarily based on partnerwork.



# AGES CATEGORIES

Age categories will be defined based on the year of birth.

For couples the age category depends on the oldest member, for groups all the member must be within the defined age span.

The following age divisions

will be used in SOLO, DUO, COUPLE:

**KIDS 4/7 = born in (2022-2021-2020-2019)**

**CHILDREN 8/11 = born in (2018-2017-2016-2015)**

**JUNIOR 12/15 = born in (2014-2013-2012-2011)**

**ADULT OVER 16 = born in (2010 and before)**

**YOUTH 16/18 = born 2010 2009 2008**

**ADULT OVER 19/34 = born from 2007 to 1992**

**SENIOR 1 ( OVER 35 ) = born in (1991 and before)**

**SENIOR 2 ( OVER 55 ) = born in (1971 and before)**

**The following age divisions will be used in TEAM :**

**UNDER 11 : born in (2015 and after)**

**UNDER 15 :born in (2011 and after)**

**ADULT OVER 16 :born in (2010 and before)**

**SENIOR ( OVER 35 ) : born in (1991 and before)**

**ALL AGES : open**

**For the group category 20 % of the group members can be out of the age span in a gap of 2 years ( example : In an UNDER 15 group of 10 dancers, a maximum of 2 can be no more than 17 years old.)**



# MUSIC SHOWCASE

For all showcase divisions, the duration of the music must be between 1 minute 30 seconds and 2 minutes.

Only for the group division the duration of the music must be between 1 minuts 30 second and 3 minuts.

All competitive units will have a maximum of 20 seconds to reach the place and the initial position of the performance.

If the choreography starts before the beginning of the music, it will count toward the total duration of the performance.

The music of the performance should be recognizable as salsa/bachata/reggaeton for at least 80 % of it.

For the Heels Showcase all types of music are accepted.

At the same time dancers will have a maximum of 20 seconds at the end of the performance to leave the stage or the dance-floor

# MUSIC ALL IN

For all “All in “ divisions the duration of the music will be 1 minuts 30 second.

The Music will be chosen by the Dj



# **DRESSES**

**Dance shoes are compulsory, and they can be of whatever colour or material.**

**It is forbidden to use gym, hip hop or funky shoes.**

**It is forbidden to throw hats or parts of the dress.**

**All costumes should respect rules and ideas of decorum and all the intimate parts must be properly covered.**

# **STAGE PROPS & ACCESSORIES**

**The use of stage props or accessories is forbidden in all divisions.**



## TRICKS

**A trick is a movement that needs the support of the partner in order to keep the balance while executing it, whether the feet are on the ground or not.**

**Multiple spins or turning on one single leg are not considered as tricks.**

## LIFT

**A lift is a movement in which both feet are off the ground with the help of the partner.**



# JUDGING CRITERIA

Judging criteria should follow the three representative channels: hearing, sight and kynesthetic.  
 Judges should set a different idea for each perception channel following the different sub-categories, as the following chart explains:

PERCEPTION CHANNEL INVOLVED	CRITERIA	%	DESCRIPTION
HEARING (A)	TIMING	33	Salsa timing is 1-2-3, 5-6-7 or 2-3-4, 6-7-8. Dancers should keep the timing for the whole performance depending on the discipline involved, Bachata timing is 1-2-3-4, 5-6-7-8 . Dancers should keep the timing for the whole performance depending on the discipline involved.
	MUSICALITY		Dancers should demonstrate their ability to act in a creative way in relationship with the music. This can be done in different ways like partnerwork, footwork, tricks and lift.
SIGHT (V)	TECNIQUE	33	Technique is demonstrated through balance, posture, and the line of the arms, legs, and feet. Technical characterization of the dance is essential, and body movements should be typical and characteristic.
	DIFFICULTY		Difficulty of the choreography is seen through footwork, partnerwork, spins, lifts and tricks. In order to obtain credits on one of these features, each movement should be performed with correct technique and appropriate effort.
	CONNECTION AND SYNCHRO	33	Connection is the ability to have correct lead and follow between the two partners. Synchro during side by side and during the shine will help to give the punctuation for this criteria.
	COREOGRAPHY		Creativity, originality of the performance will be evaluated. A good choreography should show creative elements and originality in its execution. It is fundamental to move in the space in a proper and confident way.
KYNESTHETIC (K)	SHOWMANSHIP	33	Showmanship is the ability of the dancer of expressing emotions, related to the dance of the performance, creating the right atmosphere on a interpretative, artistic and charismatic level.

# LIST OF OUR CATEGORIES



*Dale Fuerza a Tu Sueño*

**SOLO LADIES**

**SALSA/BACHATA/MERENGUE**

# **DIVISION SOLO SHOWCASE**

**SOLO LADIES KIDS (4/7) OPEN**

**SOLO LADIES CHILDREN (8/11) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES CHILDREN (8/11) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES CHILDREN (8/11) ADVANCED ( A- AS LEAGUE )**

**SOLO LADIES JUNIOR (12/15) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES JUNIOR (12/15) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES JUNIOR (12/15) ADVANCED ( A- AS LEAGUE )**

**SOLO LADIES YOUTH (16/18) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES YOUTH (16/18) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES YOUTH (16/18) ADVANCED ( A- AS LEAGUE )**

**SOLO LADIES ADULT (19/34) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES ADULT (19/34) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES ADULT (19/34) ADVANCED ( A LEAGUE )**

**SOLO LADIES ADULT (19/34) PROFESSIONAL (AS - PRO LEAGUE)**

**SOLO LADIES SENIOR 1(OVER 35) OPEN**

**SOLO LADIES SENIOR 2 (OVER 55) OPEN**



**SOLO MEN**

**SALSA/BACHATA/MERENGUE**

**SOLO MEN KIDS (4/7) OPEN**

**SOLO MEN CHILDREN (8/11) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN CHILDREN (8/11) ADVANCED ( A- AS LEAGUE )**

**SOLO MEN JUNIOR (12/15) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN JUNIOR (12/15) ADVANCED ( A- AS LEAGUE )**

**SOLO MEN YOUTH (16/18) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN YOUTH (16/18) ADVANCED ( A- AS LEAGUE )**

**SOLO MEN ADULT (19/34) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN ADULT (19/34) ADVANCED ( A LEAGUE )**

**SOLO MEN ADULT (19/34) PROFESSIONAL (AS- PRO LEAGUE)**

**SOLO MEN SENIOR 1(OVER 35) OPEN**

**SOLO MEN SENIOR 2 (OVER 55) OPEN**

**DUO LADIES**

# DIVISION DUO SHOWCASE

**DUO LADIES SHOWCASE KIDS (4/7) OPEN**

**DUO LADIES SHOWCASE CHILDREN (8/11) OPEN**

**DUO LADIES SHOWCASE JUNIOR (12/15) OPEN**

**DUO LADIES SHOWCASE ADULT (OVER 16) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**DUO LADIES SHOWCASE ADULT (OVER 16) OPEN**

**DUO LADIES SHOWCASE SENIOR (OVER 35) OPEN**

**DUO LADIES SHOWCASE PRO-AM (UNDER 15) OPEN**

**DUO LADIES SHOWCASE PRO-AM (OVER 16) OPEN**

**DUO LADIES SHOWCASE PRO-AM (OVER 35) OPEN**



**DUO MEN**

**DUO MEN SHOWCASE KIDS (4/7) OPEN**

**DUO MEN SHOWCASE CHILDREN (8/11) OPEN**

**DUO MEN SHOWCASE JUNIOR (12/15) OPEN**

**DUO MEN SHOWCASE ADULT (OVER 16) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**DUO MEN SHOWCASE ADULT (OVER 16) OPEN**

**DUO MEN SHOWCASE SENIOR (OVER 35) OPEN**

**DUO LADIES SHOWCASE PRO-AM (UNDER 15) OPEN**

**DUO LADIES SHOWCASE PRO-AM (OVER 16) OPEN**

**DUO LADIES SHOWCASE PRO-AM (OVER 35) OPEN**



**COUPLE****DIVISION COUPLE  
SALSA SHOWCASE****COUPLE SALSA SHOWCASE KIDS (4/7) OPEN****COUPLE SALSA SHOWCASE CHILDREN (8/11) OPEN****COUPLE SALSA SHOWCASE JUNIOR (12/15) OPEN****COUPLE SALSA SHOWCASE ADULT (OVER 16 ) BEGINNER/INTERMEDIATE  
(E-D-C-B LEAGUE)****COUPLE SALSA SHOWCASE SHOWCASE ADULT (OVER 16) ADVANCED  
(A-AS LEAGUE)****COUPLE SALSA CABARET SHOWCASE ADULT (OVER 16) PROFESSIONAL****COUPLE SALSA CLASSIC ON 1 SHOWCASE ADULT (OVER 16) PROFESSIONAL****COUPLE SALSA CLASSIC ON 2 SHOWCASE ADULT (OVER 16) PROFESSIONAL****COUPLE SALSA SHOWCASE SENIOR 1(OVER 35) OPEN****COUPLE SALSA SHOWCASE SENIOR 2 (OVER 55) OPEN****COUPLE SALSA SHOWCASE PRO-AM LADIES (UNDER 15 ) OPEN****COUPLE SALSA SHOWCASE PRO-AM LADIES (OVER 16) OPEN****COUPLE SALSA SHOWCASE PRO-AM LADIES (OVER 35) OPEN****COUPLE SALSA SHOWCASE PRO-AM MAN (UNDER 15 ) OPEN****COUPLE SALSA SHOWCASE PRO-AM MAN (OVER 16) OPEN****COUPLE SALSA SHOWCASE PRO-AM MAN (OVER 35) OPEN****COUPLE SALSA SHOWCASE SAME GENDER (ALL AGES) OPEN**

**COUPLE****DIVISION COUPLE  
BACHATA SHOWCASE****COUPLE BACHATA SHOWCASE KIDS (4/7) OPEN****COUPLE BACHATA SHOWCASE CHILDREN (8/11) OPEN****COUPLE BACHATA SHOWCASE JUNIOR (12/15) OPEN****COUPLE BACHATA SHOWCASE ADULT (OVER 16 ) BEGINNER/INTERMEDIATE  
(E-D-C-B LEAGUE)****COUPLE BACHATA SHOWCASE ADULT (OVER 16) ADVANCED  
(A-AS LEAGUE)****COUPLE BACHATA CABARET SHOWCASE ADULT (OVER 16) PROFESSIONAL****COUPLE BACHATA CLASSIC SHOWCASE ADULT (OVER 16) PROFESSIONAL****COUPLE BACHATA SHOWCASE SENIOR 1(OVER 35) OPEN****COUPLE BACHATA SHOWCASE SENIOR 2 (OVER 55) OPEN****COUPLE BACHATA SHOWCASE PRO-AM LADIES (UNDER 15 ) OPEN****COUPLE BACHATA SHOWCASE PRO-AM LADIES (OVER 16) OPEN****COUPLE BACHATA SHOWCASE PRO-AM LADIES (OVER 35) OPEN****COUPLE BACHATA SHOWCASE PRO-AM MAN (UNDER 15 ) OPEN****COUPLE BACHATA SHOWCASE PRO-AM MAN (OVER 16) OPEN****COUPLE BACHATA SHOWCASE PRO-AM MAN (OVER 35) OPEN****COUPLE BACHATA SHOWCASE SAME GENDER (ALL AGES) OPEN**

**COUPLE**

# **DIVISION COUPLE MERENGUE SHOWCASE**

**COUPLE MERENGUE SHOWCASE KIDS (4/7) OPEN****COUPLE MERENGUE SHOWCASE CHILDREN (8/11) OPEN****COUPLE MERENGUE SHOWCASE JUNIOR (12/15) OPEN****COUPLE BACHATA SHOWCASE ADULT (OVER 16 ) BEGINNER/INTERMEDIATE  
(E-D-C-B LEAGUE)****COUPLE MERENGUE SHOWCASE ADULT (OVER 16) ADVANCED & PROFESSIONAL  
(A- AS- PROFESSIONAL LEAGUE)****COUPLE MERENGUE SHOWCASE SENIOR 1 (OVER 35) OPEN****COUPLE MERENGUE SHOWCASE SENIOR 2 (OVER 55) OPEN****COUPLE MERENGUE SHOWCASE PRO-AM LADIES (UNDER 15 ) OPEN****COUPLE MERENGUE SHOWCASE PRO-AM LADIES (OVER 16) OPEN****COUPLE MERENGUE SHOWCASE PRO-AM LADIES (OVER 35) OPEN****COUPLE MERENGUE SHOWCASE PRO-AM MAN (UNDER 15 ) OPEN****COUPLE MERENGUE SHOWCASE PRO-AM MAN (OVER 16) OPEN****COUPLE MERENGUE SHOWCASE PRO-AM MAN (OVER 35) OPEN****COUPLE MERENGUE SHOWCASE SAME GENDER (ALL AGES) OPEN**

**TEAM**

## **DIVISION TEAM SHOWCASE**

**TEAM UNDER 11 OPEN**

**TEAM UNDER 15 OPEN**

**TEAM COUPLE OVER 16 OPEN**

**TEAM SHINE OVER 16 OPEN**

**TEAM SENIOR (OVER 35 ) OPEN**

**TEAM ALL AGES OPEN**



# **DIVISION SOLO ALL IN**

**SOLO LADIES KIDS (4/7) OPEN**

**SOLO LADIES CHILDREN (8/11) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES CHILDREN (8/11) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES CHILDREN (8/11) ADVANCED ( A- AS LEAGUE )**

**SOLO LADIES JUNIOR (12/15) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES JUNIOR (12/15) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES JUNIOR (12/15) ADVANCED ( A- AS LEAGUE )**

**SOLO LADIES YOUTH (16/18) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES YOUTH (16/18) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES YOUTH (16/18) ADVANCED ( A- AS LEAGUE )**

**SOLO LADIES ADULT (19/34) BEGINNER ( E-D LEAGUE )**

**SOLO LADIES ADULT (19/34) INTERMEDIATE ( C-B LEAGUE )**

**SOLO LADIES ADULT (19/34) ADVANCED & PROFESSIONAL (A- AS- PROFESSIONAL LEAGUE)**

**SOLO LADIES SENIOR 1 (OVER 35) OPEN**

**SOLO LADIES SENIOR 2 (OVER 55) OPEN**

## **SOLO MEN**

**SOLO MEN KIDS (4/7) OPEN**

**SOLO MEN CHILDREN (8/11) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN CHILDREN (8/11) ADVANCED ( A- AS LEAGUE )**

**SOLO MEN JUNIOR (12/15) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN JUNIOR (12/15) ADVANCED ( A- AS LEAGUE )**

**SOLO MEN YOUTH (16/18) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN YOUTH (16/18) ADVANCED ( A- AS LEAGUE )**

**SOLO MEN ADULT (19/34) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**SOLO MEN ADULT (19/34) ADVANCED & PROFESSIONAL (A- AS- PROFESSIONAL LEAGUE)**

**SOLO MEN SENIOR 1 (OVER 35) OPEN**

**SOLO MEN SENIOR 2 (OVER 55) OPEN**

**DUO LADIES**

# DIVISION DUO ALL IN

**DUO LADIES KIDS (4/7) OPEN**

**DUO LADIES CHILDREN (8/11) OPEN**

**DUO LADIES JUNIOR (12/15) OPEN**

**DUO LADIES ADULT (OVER 16) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**DUO LADIES ADULT (OVER 16) ADVANCED & PROFESSIONAL (A- AS- PROFESSIONAL LEAGUE)**

**DUO LADIES SENIOR (OVER 35) OPEN**

**DUO LADIES PRO-AM (ALL AGES) OPEN**



**DUO MEN**

**DUO MEN KIDS (4/7) OPEN**

**DUO MEN CHILDREN (8/11) OPEN**

**DUO MEN JUNIOR (12/15) OPEN**

**DUO MEN ADULT (OVER 16) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**DUO MEN ADULT (OVER 16) ADVANCED & PROFESSIONAL (A- AS- PROFESSIONAL LEAGUE)**

**DUO MEN SENIOR (OVER 35) OPEN**

**DUO MEN PRO-AM (ALL AGES) OPEN**



## **DIVISION COUPLE ALL IN**

**COUPLE KIDS (4/7) OPEN**

**COUPLE CHILDREN (8/11) OPEN**

**COUPLE JUNIOR (12/15) OPEN**

**COUPLE ADULT (OVER 16 ) BEGINNER/INTERMEDIATE ( E-D-C-B LEAGUE )**

**COUPLE ADULT (OVER 16) ADVANCED & PROFESSIONAL  
(A- AS- PROFESSIONAL LEAGUE)**

**COUPLE SENIOR 1 (OVER 35) OPEN**

**COUPLE SENIOR 2 (OVER 55) OPEN**

**COUPLE PRO-AM LADIES (ALL AGES) OPEN**

**COUPLE PRO-AM MAN (ALL AGES) OPEN**



# MORE INFORMATION ABOUT RULES



Phone  
**+39 351 93 28 797**



Website  
**www.latindanceleague.com**



Email  
**UNIVERSALDANCELEAGUE@HOTMAIL.COM**



Address  
**Gran Tour Italia - Congress Center  
Via Paoli Canali 8 -Bologna - Italy**

